

Letter of intent for Co-Chair of the Education Committee

Dear EPUAP Trustees

I wish to apply for the position of Co-Chair of the Education Committee. I believe as I have just left clinical practice where I worked as a Registered Nurse Practitioner in Tissue Viability for many years and as I take up new role as Nurse Tutor for the RCSI, I would have a lot to contribute to the educational committee of EPUAP. I have a very realistic view of what is happening at a hospital level where I have facilitated educational courses since 2013. I have been at the Patients bed sides with Nurses and health care attendants providing education on pressure ulcer prevention. I believe I can bring a helpful, yet realistic view to pressure ulcer prevention and management education.

My vision and goals for the EPUAP Education Committee is to help devise simple yet effective ways of promoting education for Nurses and Health care assistance that are under time pressure. Also to promote awareness and education for Patients so that they can be involved in making educated decisions around their care in relation to pressure ulcer prevention.

A goal I am passion about is that the time on college curriculms for Nurses and Doctors for pressure ulcer prevention and management education is increased to highlight the detrimental hard that pressure ucer can cause, so when they are working in clinical practice they can become part of the solution.

Thank you for taking the time to consider me for this position

Kind regards

Helen Strapp



European Pressure Ulcer Advisory Panel

EPUAP CURRICULUM VITAE

Name Helen Strapp

Work Title Nurse Tutor

Institution Royal College of Surgeons in Ireland

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Year of joining EPUAP 2010

Relevant publications for the last two years (in English only):

de Oliveira, A.L.M., O'Connor, T., Patton, D., **Strapp**, H., Moore, Z. Sub-epidermal moisture versus traditional and visual skin assessments to assess pressure ulcer risk in surgery patients (2022) Journal of Wound Care, 31 (3), pp. 254-264.

Reilly, A., Sorensen, J., **Strapp**, H., Patton, D., Blair, A., Avsar, P., Burns, J., Moore, Z. Costing pressure ulcer care in an Irish acute care setting: A feasibility study (2021) Journal of Wound Care, 30 (11), pp. 940-944.

Derwin, R., Patton, D., Avsar, P., **Strapp**, H., Moore, Z. The impact of topical agents and dressing on pH and temperature on wound healing: A systematic, narrative review. (2021) International Wound Journal

Wilson, P., **Strapp**, H., Concannon, F., Skerritt, L., Greally, K.N., Wardick, K., Markey, P., Bianchi, J. A case series to consider the clinical effectiveness, patient satisfaction and potential health economic benefits of a silicone foam with 3dfit technology® in the management of wounds (2019) Wounds UK, 15 (3), pp. 64-70. Cited 4 times.

Please comment on your involvement with pressure ulcers under the following headings:

Clinical

Scientific research

Oganisational

Educational

2017, Facilitated work shop Diabetic Heel Pressure Ulcers Management

2018, Protecting the skin our Patients live in- Awarded the EPUAP Quality Improvement Projects Award

2019 The Pressure Ulcer to Zero initiative presentation

2022, Facilitated work shop Wound Assessment

Strengths not utilised

Membership of other organisations

- Tissue Viability Association of Ireland
- Skin Wounds, and Trauma - SWaT Research Centre RCSI research team
- President of the Wound Management Association of Ireland
- Nursing Programme Steering Group RCSI
- Steering Group MSc Nursing Advanced Practice (ANP) programme RCSI
- Council member of the European Pressure Ulcer Advisory panel
- Pressure Ulcer to Zero (PUTZ) TUH Committee
- European wound management association